

Helping Hands



DIGITAL CALENDER

01

*The best place to find a Helping Hand
is at the end of your own arm.*

01 January

***Your Greatest Test
is when you have to Bless Someone
else, while you are going through
your Own Storm.***

Helping Hands

02 January

*Never stop
doing **Great** just because
someone doesn't give
you **Credit**.*

Helping Hands

03 January

***We need
Everything Permanent in a
Temporary Life.***

Helping Hands

04 January

***Don't worry
about Getting Old. Worry
about Thinking Old.***

Helping Hands

05 January

*You were born
with the **Ability to Change**
Someone's Life.*

Don't waste it.

Helping Hands

06 January

**Out of
Hundred of languages around
the World, a SMILE speaks them
all in a BETTER WAY.**

Helping Hands

07 January

UNDERSTANDING
is an Art and not everyone
is an ARTIST.

Helping Hands

08 January

*For your
**PEACE OF MIND, do
not try to UNDERSTAND
EVERYTHING.***

Helping Hands

09 January

SHOES ARE PEOPLE

***If they HURT you, they are
not your SIZE.***

Helping Hands

10 January

The love of
FAMILY & FRIENDS is Life's
GREATEST BLESSINGS.

Helping Hands

11 January

*The life in
FRONT of you is **MORE**
important than the life
BEHIND YOU.*

12 January

*When you **TALK**, you
are only **REPEATING** what you
already know. But if you **LISTEN**
you may **LEARN** something new.*

13 January

*How you
make others feel **ABOUT
THEMSELVES** says a lot
ABOUT YOU.*

Helping Hands

14 January

*Stop giving
ENERGY to the things
you **DON'T WANT.***

Helping Hands

15 January

***FAMILY is
the ANCHOR that
HOLDS us through
life's STORMS.***

16 January

*See a mistake as mistake not
as **MINE OR YOURS.***

*Mine brings **GUILT** and yours
bring **ANGER.***

*Only **REALIZATION** brings
IMPROVEMENT.*

17 January

A BEND

*in the road is not the end of
the road, unless you **FAIL** to
make the **TURN**.*

18 January

*Convince yourself that
you have done the **BEST** in your
LIFE, rather than spending the rest
of your life **CONVINCING OTHERS.***

19 January

*Great thing about life is that it
always gives you so many **CHANCES**.
The best part is, it **NEVER** asks you
why you **FAILED LAST TIME**.*

20 January

MAKE YOURSELF A PRIORITY!

*If you don't take
care of **YOURSELF** no one will.
Everyone else is busy dealing with
their **OWN STRUGGLES.***

21 January

*When you
find **NO SOLUTION** to a
PROBLEM it's probably not a
problem to be solved.*

*But, a **TRUTH** to be **ACCEPTED**.*

22 January

*How do we **CHANGE** the **WORLD** ?*

*One **RANDOM**
act of **KINDNESS** at a time.*

23 January

DOUBT always
creates MOUNTAINS of TROUBLE.
FAITH always ***CREATES PATHS***
from the mountains.

24 January

*Many times
the **ADVICE** we give to
others is the **SAME ADVICE**
we need to **FOLLOW.***

Helping Hands

25 January

DISAGREEMENTS are fine.

DISRESPECT isn't.

Helping Hands

26 January

*Knowing others is **WISDOM.***

*Knowing yourself
is **ENLIGHTENMENT.***

27 January

**The FAULT
is in the BLAMER.
The SPIRIT sees nothing
to CRITICIZE.**

Helping Hands

28 January

Your life
BEGINS TO CHANGE ..
.. the day you take
RESPONSIBILITY for it.

Helping Hands

29 January

DON'T GRIEVE.

***Anything
you LOSE comes ROUND
in ANOTHER form.***

Helping Hands

30 January

*What you **SEEK** ..*

*.. is **SEEKING** you.*

Helping Hands

31 January

*If you
LOVE life, life will
love you **BACK.***

01 February

*Its better to be
UNIQUE than the **BEST**.*

*Being the best makes you the
NUMBER ONE but being unique
makes you the **ONLY ONE**.*

02 February

*Someone is
sitting in the **SHADE** today
because someone **PLANTED**
A TREE long time ago.*

03 February

*Whatever life gives you,
even if it hurts, just be strong
and act like you're okay.*

STRONG walls ***SHAKE***, but
never ***COLLAPSE***.

Helping Hands

04 February

Every day is
ONCE in a LIFETIME.

05 February

HEALTH is like MONEY.

***We never have
a true idea of its value
UNTIL WE LOSE it.***

06 February

*Nothing is ever
TOO HARD TO DO if our
FAITH IS STRONG and our
PURPOSE IS TRUE.*

Helping Hands

07 February

A LIGHT heart ..

.. lives LONG.

Helping Hands

08 February

*To take
care of those who once
CARED for us is one of the
HIGHEST HONOURS.*

09 February

*It is fine to
CELEBRATE SUCCESS but
it is more important to heed the
LESSONS OF FAILURE.*

Helping Hands

10 February

*The **BEST TEACHER**
are those who show you
where to look, but don't tell
you **WHAT TO SEE.***

Helping Hands

11 February

REMEMBERANCE

*is the
beautiful chain
that links the
WORLD together.*

Helping Hands

12 February

**If you CARE
for people AROUND you, you
MUST MAKE yourself into a person
they ENJOY BEING WITH.**

13 February

*The **DIFFERANCE** is only
in our **THINKING**. Otherwise,
the **STAIRCASE** is the same.
Some use it for **GOING UP** and
some for **COMING DOWN**.*

Helping Hands

14 February

**When
NOTHING is SURE,
EVERYTHING is POSSIBLE.**

15 February

*Sometimes our
GREATEST STRENGTHS can be found
while **TRUSTING GOD** through our
GREATEST OBSTACLES.*

Helping Hands

16 February

**No one
can *BEAT* a person
who *FIGHTS* to correct
his *OWN MISTAKES*.**

Helping Hands

17 February

*We all have **BAGGAGE**.*

*Find someone
who loves you enough to
help you **UNPACK**.*

Helping Hands

18 February

**Change
your mentality from
BROKEN & HELPLESS
to
GROWING & HEALING.
Then check the DIFFERENCE.**

19 February

*Negative thoughts
and Tensions are like **BIRDS**.*

*We cannot stop them
FLYING NEAR US. But, we
can stop them from making
NEST IN OUR MIND.*

Helping Hands

20 February

*A real friend
is one who **WALKS IN**
when rest of the World
WALKS OUT.*

Helping Hands

21 February

WHOEVER
is HAPPY will make
OTHERS HAPPY TOO.

22 February

*Money might be worst
DISCOVERY for Humans. But, it is
the most **TRUSTED MATERIAL**
to test human nature.*

Helping Hands

23 February

*Take care of
YOUR BODY. It's the
only place you have
TO LIVE.*

24 February

SELFISH PEOPLE
usually get everything they
*want, except **HAPPINESS.***

Helping Hands

25 February

*Not what
we have, but what we
ENJOY constitutes our
ABUNDANCE.*

Helping Hands

26 February

***SIMPLE LIFE
and PEACEFUL MIND
are very close friends.***

Helping Hands

27 February

*You don't need
everything to **ENJOY LIFE.**
You already have a life to
ENJOY EVERYTHING.*

28 February

*It's very easy
to **GIVE EXAMPLE.** But it's
very difficult to **BECOME
AN EXAMPLE.***

29 February

*Every successful person has
been **THROUGH & LEARNT** to deal
with situations which others are
UNWILLING to deal with.*

01 March

*It is not necessary that we **LEARN ALL LESSONS** from the book. We learn some lessons from the **LIFE & RELATIONS.***

A
MEANINGFUL SILENCE
is always better than
MEANINGLESS WORDS !

03 March

*When we focus on being
a **BLESSING TO OTHERS** God
makes sure that we are always
BLESSED IN ABUNDANCE.*

04 March

**Take RISK
in life. If you WIN, you
can LEAD. If you LOSE,
you can GUIDE.**

Helping Hands

05 March

WALK ON
*with a hope in your
heart and you will never*
WALK ALONE.

06 March

*Third person **NEVER**
CREATES misunderstandings
between two people. But
misunderstandings between
two people creates **SPACE**
FOR THIRD PERSON.*

07 March

*The best and
MOST BEAUTIFUL things
in the world cannot be seen or
even touched. They must be felt
WITH THE HEART.*

08 March

*Some people come in
your life as **BLESSINGS**.
Some come in your life
as **LESSONS**.*

Be FAITHFUL
in small things because
it is in them that your
STRENGTH LIES.

10 March

LEARNING
is an experience.
Everything else is just
INFORMATION.

Helping Hands

11 March

**You
have to be ODD to be
NUMBER ONE.**

Helping Hands

12 March

WATER & WORDS

*Easy to **POUR**
but impossible to
RECOLLECT.*

Helping Hands

13 March

**Park
your DEMONS in
the DARK.**

Helping Hands

14 March

**A MENTOR is
someone who ALLOWS
you to see the HOPE
INSIDE yourself.**

Helping Hands

15 March

*Everything you
need is already inside you.*

*Don't wait for others to
LIGHT YOUR FIRE. You have
your **OWN MATCHES.***

Helping Hands

16 March

DENOUNCE the ACT.

Not the PERSON.

Helping Hands

17 March

**A LITTLE SUPPORT
can go a VERY LONG WAY
in someone's life.**

Helping Hands

18 March

*We don't
have to be **BETTER** than
someone. We have to be
at **OUR BEST.***

19 March

**EXTENDING
ONE HAND to help
somebody has MORE VALUE
than joining TWO HANDS
FOR PRAYER!**

20 March

*Your **CHARACTER**
should not be like **PARK** where
ANYONE CAN WALK.*

*Design your character like a sky where
everyone **DESIRES TO REACH.***

21 March

***LIFE is a choice between
AGEING & GROWING.***

***Ageing is adding
YEARS TO LIFE. While growing
is adding LIFE TO YEARS.***

22 March

**Stop RUNNING away
from your PROBLEMS. That
only INCREASES the DISTANCE
from the SOLUTION.**

Helping Hands

23 March

TIME never COMES.

Time ALWAYS GOES.

Helping Hands

24 March

*The only way
to **FIND YOURSELF** is
when you Start being **TRUE**
TO EVERYONE around you.*

25 March

***ENEMIES* occupy
more *SPACE* in the brain than a
WELL-WISHER in the heart.
Don't *DAMAGE* your *BRAIN*.
Just *IMPROVE* your *HEART*.**

26 March

A MISTAKE which makes
you **HUMBLE** is much better
than an **ACHIEVEMENT** that
makes you **ARROGANT**.

Helping Hands

27 March

SMILES
are CONTAGIOUS.
Be a CARRIER.

Helping Hands

28 March

NATURE is a Gym.

Membership is FREE.

29 March

*If you have
to **CHOOSE** between
being kind or being right ...*

*Choose **BEING KIND** and
you will be **ALWAYS RIGHT.***

30 March

EXPECTING & TRUSTING
is never wrong.

The only thing is you should
know from WHOM TO EXPECT
and WHOM TO TRUST.

Helping Hands

31 March

*When the
ROOTS ARE DEEP,
there is no **REASON** to
FEAR THE WIND.*

Helping Hands

01 April

*When there is
no **ENEMY WITHIN**,
the **ENEMY OUTSIDE**
can't **HURT** you.*

02 April

*If you want to maintain
TRUE RELATION with someone ...*

*Always believe in what you
KNOW ABOUT THEM, not in what
you **HEARD ABOUT THEM**.*

Helping Hands

03 April

Only
the RESULTS MATTER.
Who cares about your
EFFORTS.

Helping Hands

04 April

TREATING
others with RESPECT
costs you NOTHING. But
EARNs YOU EVERYTHING.

Helping Hands

05 April

LIE has SPEED.

***But the TRUTH has
STAMINA.***

Helping Hands

06 April

Never
RUN an APOLOGY
with an EXCUSE.

07 April

LIFE itself
has no meaning.
It's an opportunity to
CREATE MEANING.

***MISTAKES don't
require PUNISHMENTS.
They simply require
CORRECTIONS.***

Helping Hands

09 April

*If you **JUDGE** people
NOBODY is **YOURS**. If
you **UNDERSTAND** people
EVERYONE is **YOURS**.*

CONVERSATIONS that
are **AVOIDED** intentionally are
the conversations that should be
DONE IMMEDIATELY.

Helping Hands

11 April

EVERY END leads ...

... to a NEW BEGINNING.

Helping Hands

12 April

We are always
ONE DECISION AWAY *from*
a totally **DIFFERENT LIFE.**

Helping Hands

13 April

IMPROVE
your MEMORY by doing
UNFORGETTABLE THINGS.

14 April

Don't
THINK TOO MUCH.
you will
CREATE A PROBLEM
that wasn't even THERE in
the FIRST place.

Helping Hands

15 April

**EACH
DAY is a GIFT.**

Don't SEND IT BACK.

Helping Hands

16 April

your
FOCUS determines
your **REALITY.**

Helping Hands

17 April

HAPPINESS
is itself a kind of
GRATITUDE.

18 April

*There are only
TWO MISTAKES one can make
along the road to **TRUTH**.
Not **GOING** all the way.
And **NOT STARTING**.*

19 April

An
ALCHEMIST *is one who*
TRANSFORMS *everything*
WITH LOVE.

Helping Hands

20 April

**You YOURSELF
are your own OSTACLE.
RISE ABOVE yourself.**

Helping Hands

21 April

*Anyone
and everyone can
ACCESS THE WISDOM
of the **SOUL.***

Helping Hands

22 April

*It's
not the **LOAD** that
BREAKS you down.*

*It's the way you
CARRY IT.*

23 April

LEARN how to see.

Realize that

EVERYTHING CONNECTS

to everything else.

Helping Hands

24 April

**A
different World
CANNOT BE BUILT by
indifferent people.**

Helping Hands

25 April

**Problems
are not *STOP SIGNS*.
They are *GUIDELINES*.**

26 April

*Beware of the
HALF TRUTH. You may
have **GOTTEN HOLD** of
the **WRONG** half.*

Helping Hands

27 April

*The way
we **TALK TO OUR**
CHILDREN becomes their
INNER VOICE.*

**LOOK for
the ANSWER inside
your QUESTION.**

29 April

*Carry out random
ACTS OF KINDNESS with
no **EXPECTATION.***

*One day
someone might do the
SAME FOR YOU.*

Helping Hands

30 April

EVERYTHING
has BEAUTY. But not
everyone SEES IT.

WHEN YOU REPLACE

*“ Why is this happening to me”
with*

“ What is this trying to teach me”

EVERYTHING SHIFTS.

02 May

VALUES are
more important than
VALUABLES.

EGO
never accepts the
TRUTH.

04 May

Who has
CONFIDENCE *in himself*
GAINS *the confidence*
of OTHERS.

Helping Hands

05 May

*The **QUOTES** are **SIMPLE**.*
*The **EXECUTION** is **HARD**.*

Helping Hands

06 May

It's always
BETTER TO REACT
with **NO REACTIONS.**

Helping Hands

07 May

*Don't be
AFRAID to **GIVE** up
the **GOOD** to **GO** for
the **GREAT.***

08 May

VALUABLES we
carry may **IMPRESS** others.
But **VALUES** we **HOLD** will
INSPIRE others.

Helping Hands

09 May

TRUTH EXISTS.

**Only LIES
are INVENTED.**

Helping Hands

10 May

***EVERYTHING in
our life has a REASON.
We UNDERSTAND it
with TIME.***

11 May

COMPARISON.

*A best way to **JUDGE**
your **PROGRESS.***

Not with others ...

COMPARE

*your **YESTERDAY** with
your **TODAY.***

12 May

*Keep a **LIST** of
good things that **GOD**
does for you.*

*You'll be **AMAZED** how
QUICKLY the list turns
into a **LIBRARY**.*

Helping Hands

13 May

*When you
FORGIVE, you HEAL.*

*When you **LET GO,**
you **GROW.***

14 May

*Everything we **HEAR** is
an **OPINION**, not a **FACT**.*

*Everything we
SEE is a **PERSPECTIVE**,
not the **TRUTH**.*

Helping Hands

15 May

*Open your "EYE".
And close your "I" ...*

Helping Hands

16 May

The
TRULY RICH *are*
those who ENJOY what
THEY HAVE.

Helping Hands

17 May

BE HAPPY.

**A REASON will
come ALONG.**

Helping Hands

18 May

*If you're not
REAL with **YOURSELF** ...
You'll never **IMPROVE**.*

19 May

LAZINESS is
nothing more than the
HABIT OF RESTING before
you get **TIRED.**

Helping Hands

20 May

*Take
DELIGHT in who you
are and what makes
YOU UNIQUE.*

21 May

***FEARS and
INSECURITIES are
unknowingly CREATED
by us. Otherwise they
don't even EXIST.***

Helping Hands

22 May

*The
world is **BEAUTIFUL**
OUTSIDE when there is
STABILITY INSIDE.*

23 May

*When you are **WRONG** ...
ADMIT IT.*

*When you are **RIGHT** ...
BE QUIET.*

Helping Hands

24 May

*Everyone is a
TEACHER. Everything
is a **LESSON.***

Helping Hands

25 May

*Life itself is
a **PRIVILEGE**. But to live
life to the **FULLEST** is
A CHOICE.*

26 May

You ATTRACT
people in your life by the
QUALITY YOU DISPLAY ...

But you RETAIN
people in your life by the
QUALITY YOU POSSESS ...

27 May

It's difficult to
CHANGE OTHERS *which*
we **MOSTLY DO.**

It's easy to
CHANGE OURSELVES
which we **NEVER TRY.**

Helping Hands

28 May

***An INVESTMENT
in FRIENDSHIP pays
the best INTEREST.***

29 May

*You need **STRENGTH**
while doing the **POSSIBLE**.
But we need **FAITH** while doing
the **IMPOSSIBLE**.*

Helping Hands

30 May

*The **FEARS**
we don't **FACE** becomes
our **LIMITS.***

Helping Hands

31 May

*Be a **GOOD** person.
But don't **WASTE** time
to **PROVE** it.*

Helping Hands

01 June

LIFE is not a RACE.

It is a JOURNEY.

ENJOY IT.

DOUBT
*kills more **DREAMS** than*
FAILURE *ever will.*

***CONFLICT cannot
SURVIVE without your
PARTICIPATION.***

04 June

*Take every
CHANCE you get in life.
Because **SOME THINGS**
only happen **ONCE.***

Helping Hands

05 June

*Wherever
life **PLANTS** you ...
BLOOM with **GRACE**.*

Helping Hands

06 June

SIMPLICITY

is the ultimate

SOPHISTICATION ...

07 June

Sometimes
NOT GETTING what
you WANT is a wonderful
STROKE of LUCK.

Helping Hands

08 June

*Every
SAINT has a **PAST**
and every **SINNER**
has a **FUTURE.***

Helping Hands

09 June

*The cave you
FEAR TO ENTER
holds the **TREASURE**
you **SEEK.***

Helping Hands

10 June

***The GREATEST
GIFT that you were ever
given was the gift of YOUR
IMAGINATION.***

Helping Hands

11 June

HAPPINESS
is a JOURNEY ...

Not a DESTINATION.

12 June

*You can't
WAKE a person who
is **PRETENDING** to
be **ASLEEP**.*

Helping Hands

13 June

*None
but **OURSELVES**
can **FREE** our
MINDS.*

Helping Hands

14 June

***The WORST
PRISON would be a
CLOSED HEART.***

15 June

*You have been
CRITICIZING YOURSELF
for years and it hasn't worked.
Try **APPROVING** of yourself
and see what **HAPPENS**.*

Helping Hands

16 June

You
must find the place
INSIDE YOURSELF where
NOTHING IS IMPOSSIBLE.

Helping Hands

17 June

*As you
WALK upon the **SACRED**
earth, **TREAT** each step
as a **PRAYER.***

Helping Hands

18 June

SILENCE is an OCEAN ...

SPEECH is a RIVER ...

19 June

***It is our OWN
THOUGHTS that hold
the key to MIRACULOUS
TRANSFORMATION.***

Helping Hands

20 June

QUIET
people have the ...
LOUDEST MINDS.

21 June

*A person
often **MEETS** his **DESTINY**
on the **ROAD** he took to
AVOID it.*

Helping Hands

22 June

BELIEVE
*in your **DREAMS.***
They were given to you
*for a **REASON.***

23 June

INSANITY

*Doing the **SAME** thing
over and over again and
EXPECTING different
RESULTS.*

Helping Hands

24 June

***LOVE has to be
SHOWN by DEEDS
not WORDS.***

Helping Hands

25 June

***A SMILE can
LIFT the HEAVIEST
of HEARTS.***

Helping Hands

26 June

BE
*there for **OTHERS** but*
*never leave **YOURSELF***
BEHIND.

27 June

FRIENDS are those
who will **PICK YOU UP**
when no one else has even
noticed you have **FALLEN.**

Helping Hands

28 June

NOTHING
ever goes away until
*it has **TAUGHT** us what*
*we **NEED TO KNOW.***

Helping Hands

29 June

*Anyone can love you
when the **SUN IS SHINING.***

*In the **STORMS**
is where you learn who truly
CARES FOR YOU.*

It is
BETTER *to let someone*
WALK AWAY *from you than*
ALL OVER YOU.

01 July

SILENCE & SMILE

*Smile is the way
to **SOLVE** many problems.
Silence is the way to **AVOID**
many problems.*

Helping Hands

02 July

***Give EVERYDAY
the CHANCE to BECOME
the most BEAUTIFUL day
of your LIFE.***

Helping Hands

03 July

**A
LITTLE SUPPORT can
go a VERY LONG WAY
in someone's LIFE.**

04 July

*There is
NOTHING in this **WORLD**
that can **TROUBLE** you more
than your **THOUGHTS**.*

05 July

PEACE

*doesn't require two people.
It **REQUIRES** only **ONE** and
it has to be **YOU**.*

Helping Hands

06 July

*Never let
the **THINGS** you **WANT**
make you **FORGET** the
things you **HAVE.***

Helping Hands

07 July

RESPECT is
how you TREAT everyone.
Not **JUST THOSE** you
want to **IMPRESS.**

08 July

*Nobody is **SUPERIOR**.*

*Nobody is **INFERIOR**.*

*Nobody is **EQUAL** either.*

*People are simply **UNIQUE**
and **INCOMPARABLE**.*

You are you ...

I am I ...

09 July

*When you see
something **BEAUTIFUL**
in someone, **TELL** them.*

*It may take a second
to say, but for them it could
LAST A LIFETIME.*

Helping Hands

10 July

SPEND more
time with YOURSELF.

***You will like WHO
YOU ARE.***

11 July

GOD IS NOWHERE

What did you read ?

GOD IS NO WHERE

or

GOD IS NOW HERE.

Life **DEPENDS**

on the **WAY WE LOOK !**

Helping Hands

12 July

**Your MOOD
should never DICTATE
your MANNERS.**

13 July

*Make your
PERSONALITY so
STRONG that you don't
need **DESIGNER** labels to
SHOW YOUR CLASS.*

Helping Hands

14 July

**You LEARN
nothing from LIFE
if you THINK you are
always RIGHT.**

15 July

It COSTS you nothing to BELIEVE in YOURSELF. But it will cost you EVERYTHING if you DON'T.

16 July

ADJUSTMENT
*with right people is always
better than **ARGUMENT**
with wrong people.*

17 July

WE ALL HAVE TWO LIVES.

***The second
one **STARTS** when we
REALISE that we only
HAVE ONE.***

18 July

**It DOESN'T
MATTER** if the glass is
half empty or half full.

Be **THANKFUL** that you
have a glass and **GRATEFUL**
that there's something in it.

19 July

**No MATTER how
impossible, unattainable
unimaginable
SOMETHING MAY SEEM.
If it's meant to be, IT WILL BE.**

20 July

***KINDNESS is the
most tender and effective form of
LEAVING A MEMORY inside
people's HEARTS.***

Helping Hands

21 July

**No MATTER
how LOUD THEIR
OPINIONS are ...**

**They do not choose who
YOU CAN BE.**

22 July

MATURITY

*When a person **HURTS** you
and you try to **UNDERSTAND**
their **SITUATION** rather than
hurting them back.*

Helping Hands

23 July

*Never **LOSE** yourself
while trying to **HOLD** to
someone who doesn't **CARE**
about losing you.*

24 July

*The only people you need
in your life are the ones who
need you in theirs ...*

*Even when you have nothing else
to **OFFER** but **YOURSELF**.*

25 July

*Try not to take
things **PERSONALLY.***

*What people say about you
is a **REFLECTION** of them
NOT YOU.*

26 July

*We are so often
caught up in our **DESTINATION**
that we forget to **APPRECIATE**
the **JOURNEY.***

27 July

*People may not
always **TELL** you how they
FEEL about you. But their
ACTIONS will **SPEAK**
for themselves.*

28 July

*Always look at
what **YOU HAVE LEFT.**
Never look at what **YOU
HAVE LOST.***

29 July

MISTAKE is a single
page of life but ***RELATION***
is a complete book.

Don't ***LOSE*** a full ***BOOK*** for
a ***SINGLE PAGE***.

30 July

*Sometimes you
don't **REALIZE** your own
STRENGTH until someone
tries to take **ADVANTAGE**
of your **WEAKNESSES**.*

31 July

*Sometimes
the **BAD THINGS** that happen
in our lives put us directly on the
PATH to **BEST** things that will
ever **HAPPEN TO US.***

01 August

*The **BEST** thing
in life is **FINDING** someone
who knows all your **MISTAKES &
WEAKNESSES**, and still thinks you're
completely **AMAZING**.*

02 August

**Your *SITUATION*
is never *PERMANENT.*
*IT CHANGES.***

03 August

*To worry
is the **WORST** way of
PREDICTING what will
HAPPEN next.*

04 August

LETTING GO doesn't
mean you stop **CARING**.
It means you got **TIRED** of
trying to **FORCE** someone
to **CARE** about you.

05 August

TRUST

*that when the answer is
NO, there's a better **YES**
down the road.*

06 August

*Every **LIE**
we tell **INCURS** a debt
to the **TRUTH.***

*Sooner or later that
DEBT is repaid.*

07 August

The CREATOR has made us all UNIQUE. Then why find SIMILARITIES & DIFFERENCES amongst ourselves.

08 August

*Don't fear
GOD, fear KARMA.
God FORGIVES, karma
DOESN'T.*

09 August

*It's never too late
to **REINVENT** yourself.
DREAMS don't have an
EXPIRATION.*

Helping Hands

10 August

*When writing
the **STORY** of your **LIFE**,
don't let anyone else
HOLD the **PEN**.*

Helping Hands

11 August

**Your
EXCUSE may
BECOME someone
else's SUCCESS.**

Helping Hands

12 August

*For the
comfort **JOURNEY OF LIFE**
reduce the **LUGGAGE OF**
EXPECTATIONS.*

Helping Hands

13 August

*It's
less about what the
EYES SEE and more about
what the **SOUL FEELS.***

14 August

GIVING UP doesn't
*always mean you're **WEAK.***
Sometimes it means you are
STRONG ENOUGH to let go
*and **MOVE ON.***

15 August

LET GO of
relationships that do not
SERVE you. Have people in
your life who want to **GROW**
WITH YOU.

Helping Hands

16 August

*It's
a GREAT ART to
LAUGH at your own
MISFORTUNE.*

17 August

*There are
two ways of meeting
DIFFICULTIES. You
ALTER the difficulties
or you alter yourself
MEETING THEM.*

18 August

A LEAF

*that is **DESTINED** to grow
large is full of **GROOVES &
WRINKLES** at the start.*

Helping Hands

19 August

*What was
HARD to **BEAR** is
SWEET to remember.*

Helping Hands

20 August

*Seek first
to **UNDERSTAND**, then
to be **UNDERSTOOD**.*

Helping Hands

21 August

LONLINESS
is the most terrible
POVERTY.

Helping Hands

22 August

**No one has ever *DONE*
anything *TOO BAD* to be
*FORGIVEN.***

23 August

*People who
FIGHT fire with fire
usually **END UP** with
ASHES.*

Helping Hands

24 August

*In order
to have **FRIENDS**, you
MUST first be **ONE**.*

25 August

*Don't wait
for a **FUNERAL** to pay
a **COMPLIMENT**. You may
not make it in **TIME**.*

Helping Hands

26 August

*A word,
once sent **ABROAD**, flies
IRREVOCABLY.*

27 August

WORDS

*may show a man's **WIT**, but
ACTIONS his **MEANINGS**.*

Helping Hands

28 August

***FRIENDSHIP is
not always the SEQUEL
of OBLIGATION.***

Helping Hands

29 August

*If you
ACCOMMODATE others,
you will be accomodating
YOURSELF.*

30 August

*The worst
SOLITUDE is to be
DESTITUTE of sincere
FRIENDSHIP.*

31 August

Love
SOUGHT is good, but
given ***UNSOUGHT***
is better.

Helping Hands

01 September

The
LANGUAGE of
FRIENDSHIP is not
WORDS, but MEANINGS.

02 September

*Give
neither **ADVICE** nor
SALT, until you are
ASKED for it.*

Helping Hands

03 September

*An open **EAR**
is the only **BELIEVABLE**
sign of an open **HEART.***

04 September

*He who
CONQUERS his
ANGER has conquered
an **ENEMY**.*

Helping Hands

05 September

*He that
goes **BAREFOOT** must
not **PLANT THORNS.***

Helping Hands

06 September

*Find something
you **LOVE TO DO** and
you'll never have to **WORK**
A DAY in your life.*

Helping Hands

07 September

**What
YOU ARE ...
COMES to you.**

Helping Hands

08 September

The
AUTHENTIC SELF
is the SOUL made
VISIBLE.

Helping Hands

09 September

*Where there is
GREAT LOVE there
are always **MIRACLES.***

10 September

Things
OMITTED are often more
deadly than **ERRORS**
COMMITTED.

Helping Hands

11 September

**What is
not *SRARTED TODAY*
is never *FINISHED*
*TOMORROW.***

Helping Hands

12 September

Age
WRINKLES *the body.*
QUITTING *winkles*
the SOUL.

Helping Hands

13 September

**Never GIVE UP
on anybody. MIRACLES
happen every day.**

Helping Hands

14 September

FAITH
DARES *the SOUL* **to go**
FARTHER *than you*
CAN SEE.

Helping Hands

15 September

*When we work
to **LIGHT THE PATH**
for others, we light our
OWN WAY TOO.*

Helping Hands

16 September

**Tough
times DON'T LAST.
Tough PEOPLE
DO.**

Helping Hands

17 September

SPEAK
the TRUTH even if it be
against YOURSELF.

Helping Hands

18 September

**One
FAILED EXPERIMENT
is one step closer to
SUCCESS.**

Helping Hands

19 September

DONE
is better than
PERFECT.

Helping Hands

20 September

TRUTH

*the only thing that
people **DON'T**
BELIEVE.*

Helping Hands

21 September

*No one can
MOTIVATE you, until you
motivate **YOURSELF.***

Helping Hands

22 September

YOU

can make a

DIFFERENCE ...

Helping Hands

23 September

*You are a
VICTIM of the **RULES**
you **LIVE BY.***

Helping Hands

24 September

If we
LISTEN QUIETLY ...

We can hear into
TOMORROW.

Helping Hands

25 September

**Every SUNSET
brings the PROMISE
of new DAWN.**

Helping Hands

26 September

*Anyone who
thinks that **SUNSHINE** is
pure **HAPPINESS** has never
DANCED in the **RAIN**.*

Helping Hands

27 September

LOVE
*the person who **SAW**
you when you were
INVISIBLE.*

28 September

COUNTING
other people's SINS
does not make you
PERFECT.

29 September

FOCUS on
*what you can **BRING**
to a **SITUATION**, instead
of what you can **GET**
OUT OF IT.*

Helping Hands

30 September

Don't FEAR change.

CHANGE fear.

Helping Hands

01 October

Grow
STRONGER from
the PAIN. Don't let it
DESTROY YOU.

Helping Hands

02 October

*Every
SUCCESS begins
with a **DREAM.***

Helping Hands

03 October

Stop
trying to FIT IN,
when you were born
to STAND OUT.

04 October

**What
OTHER PEOPLE SAY is a
REJECTION of them**

..... NOT YOU.

Helping Hands

05 October

Never GIVE UP !

***There's always a
WAY OUT.***

Helping Hands

06 October

*Everyone
you **MEET** is **GOD***

*..... visiting you in
PHYSICAL FORM.*

07 October

*The **STRUGGLE** you're
in today is developing the
STRENGTH you need for
TOMORROW.*

*Don't **GIVE UP!***

Helping Hands

08 October

***GREAT
MINDS have PURPOSE.
Little minds have WISHES.***

Helping Hands

09 October

EVERY THOUGHT COUNTS.

***Learn to CONTROL
your thoughts and make
your LIFE COUNT !***

Helping Hands

10 October

**Your
PAST MISTAKES are
meant to GUIDE you.
Not DEFINE YOU.**

11 October

KINDNESS

*is a LANGUAGE which
the DEAF can HEAR and
the BLIND can SEE.*

Helping Hands

12 October

When
our ACTIONS are based
on GOOD INTENTIONS our
SOUL has no REGRETS.

13 October

***FAILURE is simply
the OPPORTUNITY to
BEGIN AGAIN. This time
more INTELLIGENTLY.***

Helping Hands

14 October

**You are FREE to
CHOOSE, but you are not
free from the CONSEQUENCES
of your CHOICE.**

Helping Hands

15 October

Everything
HAPPENS for a
REASON.

Helping Hands

16 October

Everything
YOU NEED, will come
to you at the ***PERFECT***
TIME.

17 October

*The most
DIFFICULT PHASE
of life is not when no one
UNDERSTANDS you.*

*It is when you **DON'T**
understand **YOURSELF.***

Helping Hands

18 October

*The
BEST WAY out
of a **PROBLEM** is ...
THROUGH IT.*

19 October

COURTESY

COSTS nothing yet
BUYS things that are
PRICELESS.

Helping Hands

20 October

*In order to be
THERE FOR OTHERS ...
... We must be **HERE FOR
OURSELVES.***

Helping Hands

21 October

*The only
PERSON BETTER than
you is the person you've
YET TO BECOME.*

Helping Hands

22 October

**The TRAGEDY
of life is not DEATH ...**

**But what we
LET DIE INSIDE of us
while WE LIVE.**

23 October

*Some people
CREATE their own **STORMS**
and then **GET UPSET** when
IT RAINS !!*

24 October

*It's always better to
**TELL THE TRUTH and FACE
THE CONSEQUENCES, rather
than LIE and LIVE IN FEAR.***

25 October

*There is no **LOVE**
without **FORGIVENESS.**
And there is no forgiveness
WITHOUT LOVE.*

Helping Hands

26 October

**Be a BLESSING
to OTHERS**

Helping Hands

27 October

**Never
ALLOW someone to
PULL you DOWN to
THEIR LEVEL.**

Helping Hands

28 October

*Nobody can do
EVERYTHING but
everybody can do
SOMETHING.*

Helping Hands

29 October

If you can
IMAGINE IT ...
IT EXISTS !

30 October

A TRUTH
can WALK NAKED but a
LIE *always NEEDS to*
be DRESSED !!

Helping Hands

31 October

***JUDGE YOURSELF ...
Before you are JUDGED.***

Helping Hands

01 November

FATE
will DECIDE your
FUTURE unless YOU
INTERVENE.

02 November

*The **PIECES** we do for
OURSELVES alone **DIE** with
us. What we do for **OTHERS**
and the **WORLD** remains and
is **IMMORTAL**.*

Helping Hands

03 November

What WORRIES you ...

MASTERS YOU.

*The
EYE SEES only what
the MIND is PREPARED
to COMPREHEND.*

05 November

**When you ACCEPT
WHO you are TODAY, you can
CREATE who you WANT to
be TOMORROW.**

06 November

*After **GOD**, we are
the **AUTHOR** of our **LIFE**.
Don't be afraid to **EDIT**
THE SCRIPT.*

Helping Hands

07 November

*Every
EXIT is an ENTRANCE
to SOMEWHERE else.*

Helping Hands

08 November

**Be
the LIGHT in SOMEONE
else's DARKNESS.**

Helping Hands

09 November

*If you
**WAIT for PERFECT
CONDITIONS, you'll NEVER
get ANYTHING DONE.***

Helping Hands

10 November

***YOU are
the CREATOR of your
own DESTINY.***

Helping Hands

11 November

LIFE
*doesn't get **EASIER.***
*You just get **STRONGER.***

Helping Hands

12 November

*Never
make **PROMISES** you
can't **KEEP**. It destroys
RELATIONSHIPS
& **TRUST**.*

Helping Hands

13 November

MISTAKES
are PROOF that you
are TRYING.

Helping Hands

14 November

Sometimes
*the **LITTLEST THINGS** in*
*life **CAN MAKE** your whole*
WORLD CHANGE.

Helping Hands

15 November

*Sometimes
the **HARDEST THING**
and the **RIGHT THING**
are the **SAME.***

Helping Hands

16 November

*You can't **BLAME**
someone for **WALKING AWAY**
if you **DIDN'T DO** anything
to **MAKE THEM STAY.***

Helping Hands

17 November

*Please do not
FEED YOUR FEARS.*

Helping Hands

18 November

GRATITUDE
*is absolutely the **WAY***
*to **BRING MORE** into*
YOUR LIFE.

Helping Hands

19 November

*Don't make a
PERMANENT DECISION
for your **TEMPORARY**
EMOTION.*

Helping Hands

20 November

Your
KINDNESS *causes* **RIPPLES**
that are **FELT** *all over* **THE**
WORLD.

Helping Hands

21 November

***LIFE is
the SUM of all YOUR
CHOICES.***

Helping Hands

22 November

**Don't CHANGE
your CIRCUMSTANCES to
IMPROVE your life. CHANGE
YOURSELF to improve your
CIRCUMSTANCES.**

Helping Hands

23 November

*Every
new day is **ANOTHER
CHANCE to CHANGE
your LIFE.***

Helping Hands

24 November

*The
PRIVILEGE of a
LIFETIME is BEING
who YOU ARE.*

Helping Hands

25 November

**Each STEP
we TAKE is IMPORTANT.
It MAKES our own UNIQUE
PATH of life.**

Helping Hands

26 November

TIME

**doesn't HEAL everything.
It just TEACHES us how to
LIVE with the PAIN.**

Helping Hands

27 November

***The HARDEST
PART about BUSINESS is
MINDING your OWN.***

Helping Hands

28 November

ATTITUDE
is a **LITTLE THING**
that **MAKES a BIG**
DIFFERENCE.

Helping Hands

29 November

**Too MUCH
TRUST sometimes
KILL YOU!**

Helping Hands

30 November

Your
IMAGINATION has no
BOUNDARIES.

Helping Hands

01 December

Nothing
TEACHES US BETTER than
our OWN EXPERIENCE.

*We are not
PUNISHED for the anger.
We are punished **BY THE
ANGER.***

Helping Hands

03 December

*It only
TAKES one person
to **CHANGE** your life ...*

YOU

Helping Hands

04 December

YOUR LIFE
is your MESSAGE to
the WORLD. Make sure
it's INSPIRING.

05 December

PRAYER *is*
when you TALK TO GOD.
MEDITATION *is when you*
LISTEN TO GOD.

06 December

*Everyone has
the **RIGHT** to be **STUPID**.
But you're **ABUSING** the
PRIVILEGE.*

07 December

*To be
OLD & WISE, you
must FIRST HAVE to be
YOUNG & STUPID.*

Helping Hands

08 December

*Sometimes in life, we
FIND COMFORT in people
we least **EXPECT IT** from.*

Helping Hands

09 December

*If you don't
**TAKE CARE of YOUR
BODY, where are you
GOING TO LIVE ?***

Helping Hands

10 December

**If GOD
BRINGS you TO IT ...
He will BRING you
THROUGH IT.**

11 December

What comes easy

WON'T LAST

&

WHAT LASTS

won't come easy.

Helping Hands

12 December

**Everybody NEEDS
SOMEBODY sometimes.**

13 December

*It's not the
GOODBYE THAT HURTS.
But the **FLASHBACKS**
that follow.*

Helping Hands

14 December

**Be
a VOICE, not an
ECHO.**

Helping Hands

15 December

*Even the
NICEST PEOPLE
have their **LIMITS.***

16 December

***GRADES don't
measure INTELLIGENCE.
And AGE doesn't define
MATURITY.***

Helping Hands

17 December

**BEHIND every
SUCCESSFUL MAN there's
a lot of UNSUCCESSFUL
YEARS.**

Helping Hands

18 December

TOUCHING

*someone's HEART for a MERE
SECOND can touch their SOUL
for a LIFETIME.*

Helping Hands

19 December

**NOTHING is
MORE BEAUTIFUL than a
SMILE that has STRUGGLED
through TEARS.**

20 December

*Your life is **RESULT** of
the **CHOICES YOU MAKE ...***

*If you don't like **YOUR LIFE**
it is **TIME TO START** making
BETTER CHOICES.*

Helping Hands

21 December

LOVE is
what we are **BORN** with.
FEAR is what **WE LEARN**.

Helping Hands

22 December

It is
HARD TO FLY when
something is ***WEIGHING***
YOU DOWN.

23 December

EVERYTHING
will be OKAY in the END.
If it's NOT OKAY, It's not
THE END.

Helping Hands

24 December

**To
MOVE the WORLD
we must first MOVE
OURSELVES.**

Helping Hands

25 December

The
JOURNEY is what
BRINGS us HAPPINESS,
not the DESTINATION.

26 December

ONE DAY you will
just **BE A MEMORY**
for some people.

Do **YOUR BEST** to be
a **GOOD ONE.**

27 December

**When WRITING the
STORY of YOUR LIFE ...**

**Don't LET anyone else
HOLD THE PEN !**

28 December

ATTACHMENTS
lead to EXPECTATIONS
and expectatins LEAD to
DISAPPOINTMENTS.

29 December

***LIFE is not about
WAITING for the STORM TO
PASS. It's about LEARNING
to DANCE in the RAIN.***

Helping Hands

30 December

*Those who
are **HEARTLESS**, once
CARED TOO MUCH.*

Helping Hands

31 December

**LOVE is
SHOWEN in your DEEDS,
not in YOUR WORDS.**

Helping Hands

A

Helping Hands

Presentation

